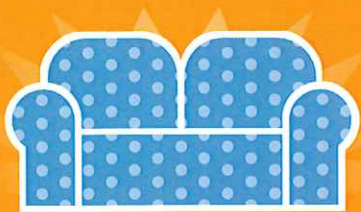


# what is a NAMI DuPage Peer Specialist?



- An individual who lives with a mental illness and has found recovery.
- Someone who has undergone intensive training to resolve crisis and help others find their own path to recovery.
- One of many individuals with different diagnoses and backgrounds to best match your needs.
- Includes Family Peer Specialists who are family members of individuals living with mental illness, and are trained to work with other families in similar situations.



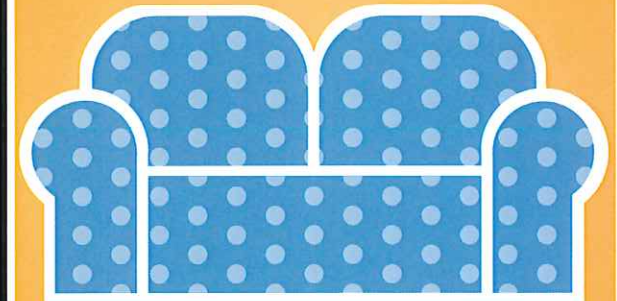
115 North County Farm Road  
Wheaton, Illinois 60187

630-752-0066  
[www.namidupage.org](http://www.namidupage.org)

We are open for our guests everyday  
3 p.m. - 9 p.m.



## be our guest



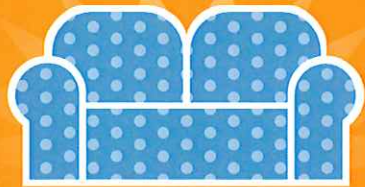
**The living room in Wheaton**  
115 North County Farm Road  
We are open for our guests everyday  
3 p.m. - 9 p.m.





# what is the livingroom?

- A safe and peaceful place to go when you need help with your mental health needs.
- An alternative option for the emergency room for mental health support.
- A comfortable place with a calm and relaxing environment.
- A place run by people who have been personally impacted by mental illness.
- No one will ever be turned away due to financial circumstances. (In certain situations, your insurance may be billed).



Contact the living room at  
115 North County Farm Road  
Wheaton, Illinois 60187

**630-752-0066**  
[www.namidupage.org](http://www.namidupage.org)

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# what will happen when you visit the livingroom?

**You** will be invited into a private area for a brief screening by a mental health professional to make sure the living room is the right option for you.

After screening, you will be introduced to a "Peer Specialist", a person who has personal experience with mental illness and is trained to talk with you about your concerns.

You will be invited in to the living room where you'll be comfortable as a welcomed guest and offered a beverage.

You will get to spend time with a Peer Specialist talking about your concerns, then discuss what can be done about it.



## setting goals and exploring options

The Peer Specialist will help you set goals and explore options to face any immediate problems.

You will be invited to connect regularly with a personally matched Peer Specialist and with other helpful resources.

Before you leave, a mental health professional will give you a brief exit screening to make sure you feel more hopeful, connected with resources, and have a plan.

