



NAMI

National Alliance on Mental Illness

**DuPage
County**

NAMI DuPage
Speaker Series Presents:
Recovery & Personal Stories

**What Does Recovery Look Like for
Someone with Mental Health Conditions?**

Recovery for someone with a mental health condition can be a very long and ever changing process. However it is key for each individual to develop a recovery based plan and goals that work specifically for them, because each person's needs are different and unique.



Join us as we explore the different pieces to recovery– and hear from two different individuals with mental illness speak about their mental health journeys and what role recovery plays in their lives.

*2 CEUs will also be available at each
presentation for \$20 a person.*

**NAMI DuPage - 115 N. County Farm Road
Wheaton, IL 60187 - 630-752-0066 -
www.namidupage.org**

Who:

This presentation is open to anyone: family members, individuals, professionals, or general community members.

Where:

The Community Center: NAMI DuPage
115 N County Farm Rd. Wheaton, IL 60187

When:

Tuesday, January 15th
from 6:30PM to 8:30PM

To RSVP please go to
namidupage.org/speaker-series-registration
or contact Sara Hynes at
s.hynes@namidupage.org or (630) 752 - 0066



2019 Speaker Series Schedule Coming Soon!

NAMI DuPage knows how important it is to provide information on the best educational and supportive services available for people affected by mental illness and for community organizations and service providers. Through the NAMI DuPage Speaker Series, we invite professionals and peers to the table to speak on their experiences and knowledge as it relates to some of the topics that we receive the most questions about. Look out for the schedule for our upcoming 2019 Speaker Series Presentations which should be available soon!

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