



National Alliance on Mental Illness

nami

**DuPage
County**

Mental Health De-Escalation Series:

For Police and other Security Personnel

Why Attend?

NAMI P.D. Connect was created a little over 2 years ago, and since then has achieved tremendous success in educating security personnel about more effective strategies for handling mental health concerns. We know that these situations can be very frustrating, and often times it may seem as if there are very little options as to what can be done. This training aims to fill in some of those gaps, empowering you to feel more certain and assured when responding to mental health situations.

Throughout these sessions, we provide an overview of what mental illness is, how to best interact with someone who is exhibiting symptoms of a mental illness, and what practical resources are available to use as referrals for individuals and family members.



Who Should Attend?

This program is beneficial for all police officers, first responders, or general security personnel. We hope that you will take advantage of this program and join us in helping to connect individuals who have a mental illness and their family members to life changing resources.

**NAMI DuPage - 115 N. County Farm Road
Wheaton, IL 60187 - 630-752-0066
www.namidupage.org**

Series Schedule: August 2019

Attendance at all 4 sessions is not required for participation, but highly recommended.

All sessions will take place at:

6:30PM to 9:00PM

**Christ Church of Oakbrook (Room 160/161)
501 Oak Brook Rd, Oak Brook, IL 60523**

⇒ **Monday, August 5th**

What is Mental Illness?

Learn more about the prevalence of mental illness, common diagnoses, and the common signs and symptoms.

⇒ **Monday, August 12th**

Mental Health & Recovery

Hear first hand from two speakers who have mental illness and are currently in recovery while learning about recovery options for people including therapy and medication.

⇒ **Monday, August 19th**

**De-Escalation: Action Plan for
Communicating Effectively**

We will work through a very practical action plan which you can follow when handling a mental health call.

⇒ **Monday, August 26th**

Community Resources

Connect with representatives from the Mental Illness Court Alternative Program (MICAP), the State's Attorney, Gateway (Substance Use), and NAMI DuPage.

To register for any sessions, please go to:

namidupage.org/mental-health-de-escalation-series

**If you have any questions please contact Sara Hynes
at s.hynes@namidupage.org
or (630) 752 - 0066**

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