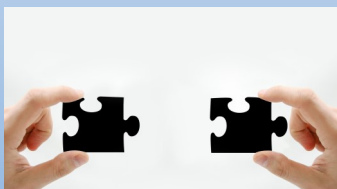


Families Together
Workshop:
Developing A Plan For
Change

Having a family member with a mental health diagnosis can present many challenges. This Workshop will help you to develop a plan that may include strategies, communication techniques, and ways to develop a family contract.



Dates:

June 4th, 11th, 18th and 25th

Time: 7pm to 8:30 pm

Location: NAMI DuPage

115 N. County Farm Rd.

Wheaton, 60187

Fee: \$25/individual or \$40/couple

To Register :

p.johnstone@namidupage.org

Instructors For The

Workshop:

Mike Hoffman, MSW, LSW

Mike worked at the Naperville Police Department for 30 years as a Social Worker. Mike's duties were to provide crisis intervention 24/7 and also provide follow up to Domestic Violence, Mental Health, Family conflicts, Senior issues, Tragedy in the community and much more. Mike brings a lot of experience, passion and insight to working with families and individuals dealing with mental illness.

Patty Johnstone, Support Programs

Director, NAMI DuPage

Patty Johnstone has been with NAMI DuPage for over ten years, and is currently working as the Resource Support Director. Mental illness has touched Patty's life on a personal level.

Patty was initially introduced to NAMI DuPage through her attendance of a Family to Family class for her son and spouse, but she became extensively involved with NAMI DuPage after losing her spouse. Patty has also supported NAMI DuPage in other ways, including teaching Family to Family classes, facilitating Family Support Groups, and answering phone calls on the NAMI Resource Line.