



NAMI Basics

National Alliance on Mental Illness



Are you parenting a child or teen with
a mental illness?

What is the NAMI Basics Education
Program?

- A free, six-session class
- For parents and other family caregivers of children and adolescents with mental illness or emotional and behavioral difficulties
- Learn how to understand the illnesses that are causing behavioral difficulties and the critical role families play in the treatment of those illnesses
- Taught by trained teachers who are also the parents or family caregivers of individuals who experienced mental illness or emotional or behavioral difficulties

NAMI DuPage - 115 N. County Farm Road
Wheaton, IL 60187 - 630-752-0066
www.namidupage.org

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Go to www.namidupage.org to
register for a class!



“This is such a great step by step program that walks parents every step of the way. It is as if you are holding their hand through it all.”

“The course is inclusive of almost all aspects of family and child resources. I could have spent a lifetime getting all this information on my own. I feel supported, strong and ready to go forward.”

“NAMI Basics bridges the gap. It provides help that can't be found in a doctor's office.”

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