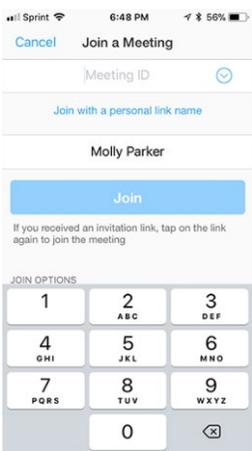


Support Groups via Video or Tele-Conferencing

In light of the spreading COVID-19, NAMI DuPage is hosting all support groups via Zoom web conferencing. It's our solution to continue support groups while keeping our community safe and healthy. It's easy and confidential.

Join a support group by smart phone, computer, or telephone.

Computer	iOS	Android	Telephone
<ol style="list-style-type: none"> Go to www.zoom.us/download to download "Zoom Client for Meetings" using the blue Download button. Run the program that downloads: ZoomInstaller.exe. Follow the link found in your email invite to join the meeting. If you have a camera and/or a microphone on your computer, you will have the options to Join with Video or Join with Audio. If you don't have a microphone, you can join to see the other participants, but should follow the Dial-in instructions on the screen. 	<ol style="list-style-type: none"> Download the Zoom app from the App store. Tap Join a Meeting to join without signing in. Or, sign in and tap Join. Enter the meeting ID found in your email invite. Or, follow the link found in your email invite to join the meeting. 	<ol style="list-style-type: none"> Download the Zoom app from Google Play. Tap Join a Meeting to join without signing in. Or, sign in and tap Join. Enter the meeting ID found in your email invite. Or, follow the link found in your email invite to join the meeting. 	<ol style="list-style-type: none"> On your phone, dial the tele-conferencing number found in your email invite. Enter the meeting ID number found in your email invite when prompted to join the meeting. <p><i>If you have not joined on your computer: simply press # again when prompted to enter in your participant ID.</i></p> <p><i>If you have already joined via computer: enter your 2-digit participant ID to be associated with your computer.</i></p>